

The Month of Ramadan



What Do We Know about Ramadan?

Ramadan is the name of the ninth month in the Islamic calendar. It is celebrated by Muslims around the world.



Muslims

- Followers of Islam are called Muslims.
- Muslims believe that there is one true god.
- Allah is the name of their god.



Discuss It!

1. Do you know the names of any other holy books?
2. Why are holy books important?
3. How should they be treated?



What Do People Do during Ramadan?



• They go to the mosque more often.



• They read the Qur'an more regularly.



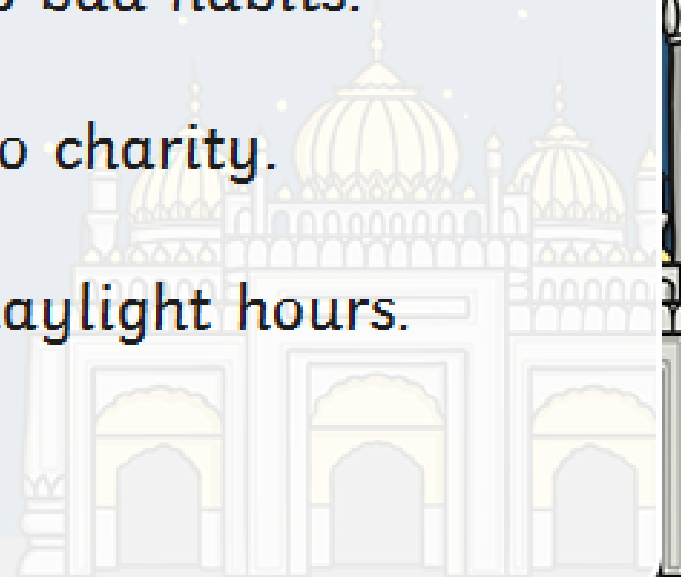
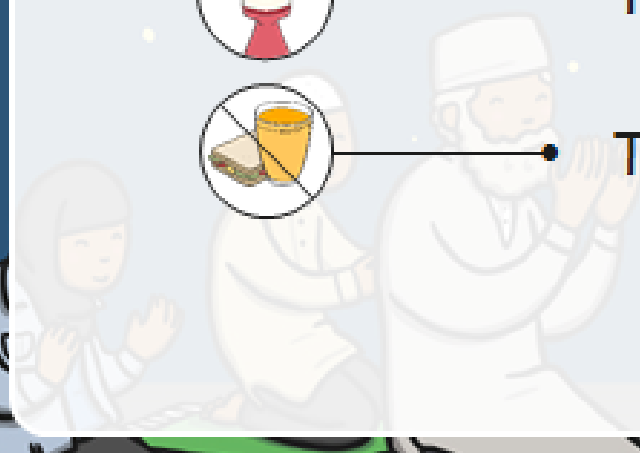
• They try to give up bad habits.



• They give money to charity.



• They fast during daylight hours.



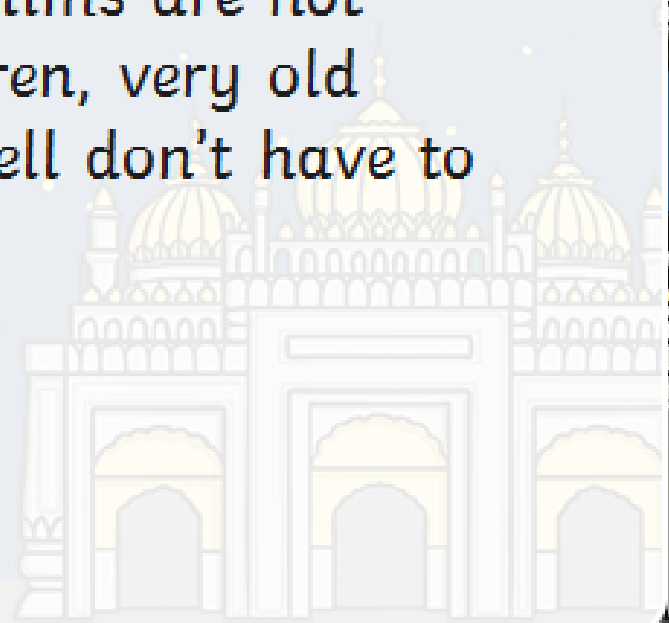
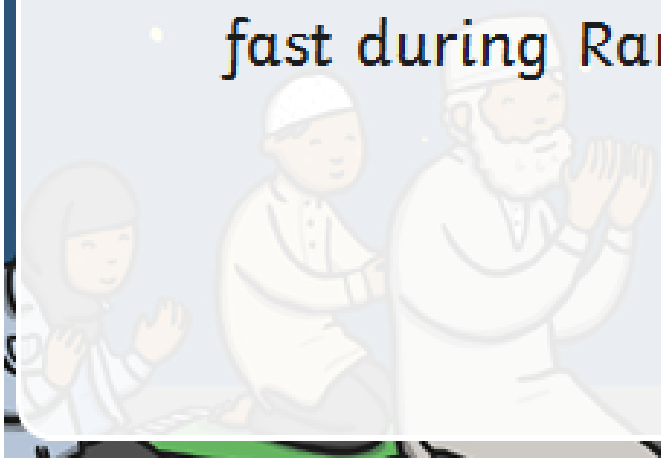
Discuss It!

1. Why do you think people do these things during Ramadan?



What Is Fasting?

- Fasting is one of the most important things that happens in Ramadan.
- Muslims do not eat or drink during daylight hours.
- Fasting is difficult, so some Muslims are not expected to join in. Young children, very old people and people who aren't well don't have to fast during Ramadan.

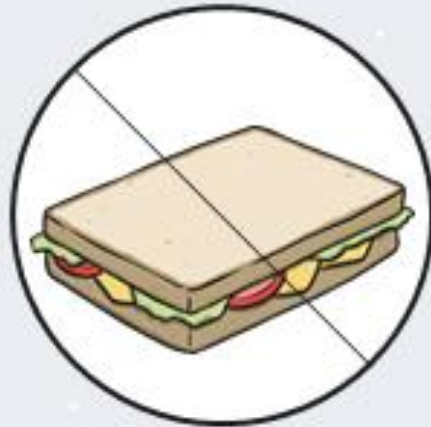


Discuss It!

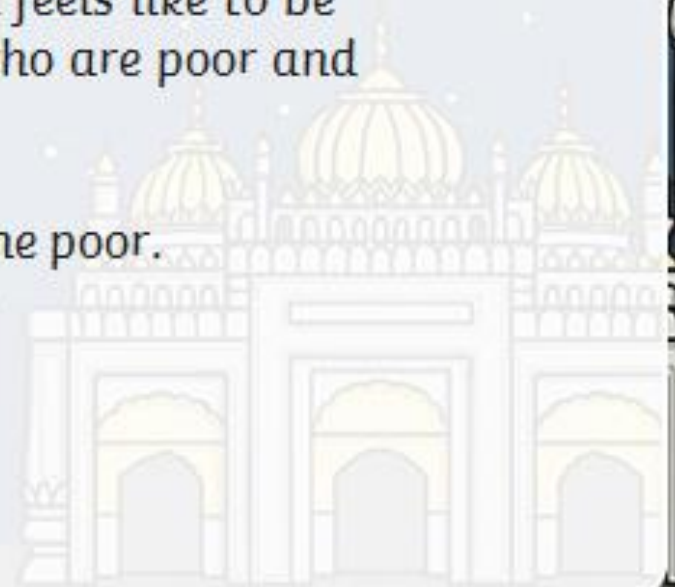
1. How many hours of daylight are there today?
2. Do you think it would be difficult to fast for this many hours?
3. Which times of day would be the most difficult?



Why Do Muslims Fast?



- Muslims believe that understanding what it feels like to be hungry, helps them to understand people who are poor and hungry around the world.
- During Ramadan, Muslims give money to the poor.

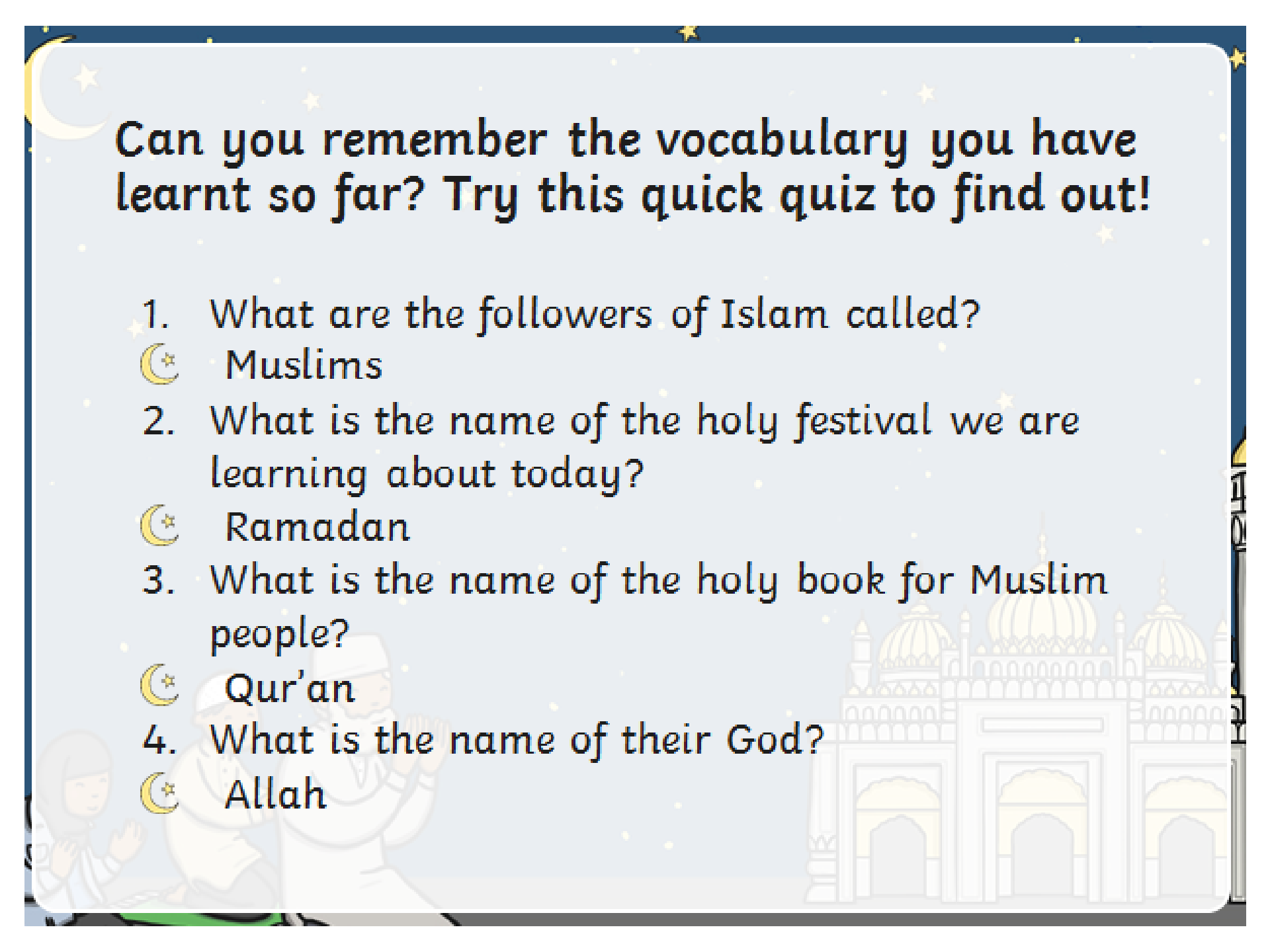


Discuss It!

Understanding how other people feel is called having empathy.

1. How do you think fasting helps Muslims to have empathy with people who are poor and hungry?





Can you remember the vocabulary you have learnt so far? Try this quick quiz to find out!

1. What are the followers of Islam called?

☾ Muslims

2. What is the name of the holy festival we are learning about today?

☾ Ramadan

3. What is the name of the holy book for Muslim people?

☾ Qur'an

4. What is the name of their God?

☾ Allah

<https://www.youtube.com/watch?v=fm7DrLOc9U4>

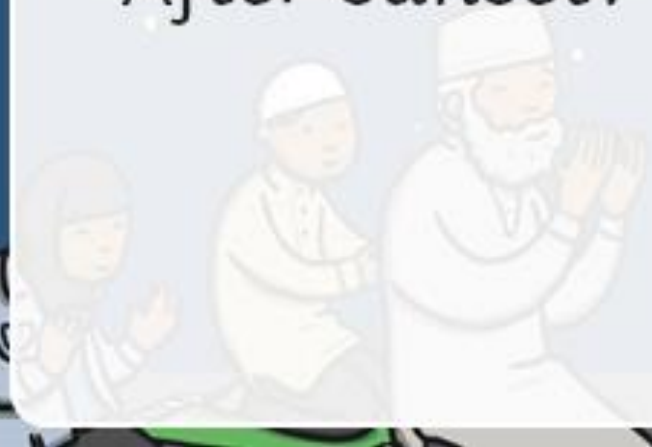


What happens...

Before sunrise?

During the day?

After sunset?



Task – Write what a Muslim family would be doing at these three times of the day.

<i>Before Sunrise</i>	<i>During the day</i>	<i>After Sunset</i>

Dark sky, moon showing, sun shining, people eating around the table, praying

