

## News and events from Northwold Primary School



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### Happy Mother's Day

To all Northwold mothers, from Northwold staff.



### Year 3 Trip to Stonehenge

Last Thursday Nigeria and Spain class took the long journey to Wiltshire, to visit the historic site of Stonehenge. On arrival to the visiting center we learnt about the lives of the Stone Age people for example what they wore and what tools they used.



We then took part in outdoor practical activities including making a wall out of sticks, weaving a rope out of water reeds and grinding wheat into flour with a rock. Finally we took a short bus ride to see the stones and burial mounds.

Cobie- 'I enjoyed weaving the sticks to make the wall for the Stone Age hut'

Talha- 'My favourite part was visiting the stones because they were bigger than I thought they would be'.



### Coronavirus Update Page on School's Website

Dear parents,

Please be aware of the Coronavirus Update Page on our school's website. Here you will be able to find all communication from the school regarding the school's actions during the Coronavirus crisis.

<https://www.northwoldschool.com/coronavirus-update-page/>

### School Closure Letter to Children

20/03/2020

#### Dear children

Today school will close for a while. We don't know how long this will be.

The reason our school is closing is so that we can all help to stop the spread of the Coronavirus in England. The Government has also asked us all to stay in our homes most of the day and not to go out in large groups. We can still go out from time to time so that we get some exercise for our bodies and to buy our food, but when we do this we must keep a safe distance from the people we see. Keeping a safe distance also helps to stop the spread of the virus.

The Government has also asked many of your parents to do their work from home in this time. We will be working from our homes too. During this time, we will be setting work for you to complete in the books we have sent home with you. All the details of the work you need to do is in the two weeks pack you received. After two weeks all your work will be on our school website in the *Class Pages* section. Your parents will help you to access this and to complete your tasks.

Here is a list of things you can do to help us all in this time:

- Wash your hands - sing happy birthday twice and get between those fingers!
- Help your parents to keep surfaces clean around the home and help to tidy up
- Read every day - read quietly to yourself; read to your younger or older siblings; read to your parents, read to your pets!
- Write every day – complete home learning tasks, write stories, keep a diary, write letters to your family and friends
- Keep learning new vocabulary – when you find these in the books you read, write them down and find out what they mean
- Spread out the time you spend on devices and online – spending hours on the same device, tablet or computer makes you feel tired
- Complete your home learning tasks; your parents will help you to share your work with your teachers
- Practice the 5Cs at home: care, cooperation, commitment, consideration and courtesy

Show *consideration* to your parents and family, *care* for yourself and those around you, *cooperate* with your parents and siblings, *commit* to reading, writing and learning new things, show courtesy to all around you.

We wish you and your family all the best in the coming weeks.

From

All staff at Northwold Primary

### Example 1 Suggested Daily Timetable

8am – 9am	Morning routine	Breakfast, make your bed, get dressed etc
9am – 10am	Academic time	Maths activity, reading comprehension, phonics tasks from the pack given to your children.
10:00am – 10:30am	Exercise Break	Jumping/dancing/skipping/balancing on one leg/running up and down the hall – even an exercise routine on the tele or the dance channel!– don't forget to gradually calm the children down again by slowing down the music or the movements and finish with stretches
10:30am – 11:30am	Academic time	Maths activity, reading comprehension, phonics tasks from the pack given to your children.
11:30am – 12:30pm	Creative time NO ELECTRONICS	Home games – lego, puzzles, crafts, music, cooking, baking
12:30am – 1:30pm	Lunch time <i>Movement break</i>	Help set up lunch table and washing and clearing up afterwards
1:30pm – 2:00pm	Quiet time	Reading, puzzles, nap
2:00pm – 3:00pm	Academic time	History, geography, science, RE activities from the pack given to your children.
3:00pm – 4:00pm	Outdoor time	Going for a walk, riding bikes/scooters, play outside in the garden
4:00pm – 5:00pm	Creative time ELECTRONICS OK	Home games – lego, puzzles, crafts, music, cooking, baking

## Example 2 of a daily family timetable during school closures

Keeping structure and routines helps children thrive. This is an example of a structure but you will know how much you can manage and what works best for your children. Remaining calm is more important than trying to do all of these areas so select the areas which work best and adapt to the age of your children.

Time	Activity	Ideas (keep washing hands in between!)
9:00 – 9.30	 <b>Reading</b>	Start the day with your child reading a book or online. Try to read their choices, reread old favourites, information books or poetry.
9.30-10.15	 <b>Literacy</b>	Start with a mini phonics / spelling / grammar warm up. Use a writing stimulus to get your child writing stories, information on a project or a poem. Link to afternoon activity.
10.15-10.45	 <b>Exercise/Break</b>	If not allowed outside: stretching, using TV and online exercise videos. Join up with a friend or group online.
10.45-11.30	 <b>Numeracy</b>	Start with a Times tables / mental maths warm up. Use school / website resources linked to your child's year group. Where possible incorporate practical activities such as weighing food, set up a shop for snacks, measuring objects.
11:30-12	 <b>Reward/Relaxation</b>	Agree rewards at start of day – board games, Lego, drawing, listening to / playing music, puzzles, TV time and electronic devices.
12-1pm	<b>Lunchtime</b>	
1-1.30	<b>Quiet time</b>	Reading, yoga, mindfulness activities or other reward activities
1.30-3	 <b>Creative project</b>	This could include the following subjects: science, Art, history, Geography, Design and Technology, Computing, Foreign languages. Make this as practical as possible e.g. creative play, drawing, construction, crafts, music, cooking. Weekly theme could work well e.g. Romans.
3-3.30	 <b>Share a story Reflection</b>	Read aloud to your children or listen to or watch a story. Reflect on thoughts and feelings. Communicate virtually with a friend.
3.30 – 4	 <b>Exercise</b>	
4-5	 <b>Reward/Relaxation</b>	

**Letter from Hackney Learning Trust re Coronavirus**

<https://www.northwoldschool.com/wp-content/uploads/2020/03/200317-HLT-Letter-for-Parents-Carers-COVID-19-final.pdf>

**Letter from Mayor of Hackney re Coronavirus**

<https://www.northwoldschool.com/wp-content/uploads/2020/03/Letter-to-school-students-from-Mayor-of-Hackney-1.pdf>

**Golden Child of the Week!**

Class	Child's Name
Mexico	Kushaan Singh Sohal
Pakistan	Abdullah Mulla
Ireland	Yusuf Khan
Somalia	Naomi Oyesanya
Bangladesh	Daisy-Mae Swords
Ghana	Keston Kiangala
Barbados	Lilly Lewandowska
Poland	Millann Jackson-Calixte
Nigeria	Victor Paterna-Puertas
Spain	Shah Jannat
Brazil	Hannah Ogunkeye
Jamaica	Arjan Singh
Turkey	Tayjawn Brown
Russia	Joey Banks
China	Aisha Sadiq
India	Amandeep Singh