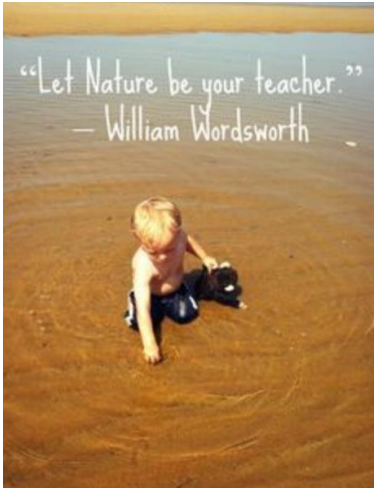


News and events from Northwold Primary School



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Week Beginning: 09.11.2020

Day	Event
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	Maths Coffee Morning 9.00-10.00am (parent session to see how we teach maths)

Thank you for your continuous support and we look forward to working with you to ensure the best outcomes for all children during these challenging times.

Please continue to follow the government guidelines and keep safe.

Yours truly,
Shelly-Ann Goulbourne

Dear Parents and Carers,

Welcome to the second half of the Autumn Term. We hope that you had a lovely half term break.

On Thursday 5th November, National lockdown restrictions were implemented by the government. It is important to outline that the restrictions do not apply to schools. Schools will remain open during the lockdown period unless further advice is provided by the government. It is therefore important that if your child is well and they are not isolating because they have come in contact with someone who has or displays symptoms of COVID 19, they must attend school. Daily attendance is important to ensure that your child receives the necessary support to make progress. Please ensure that you inform the school if your child is absent and state reason for their absence.

Pick up procedure reminder

To avoid congestion and overcrowding at the gate during pick up times, ONLY 1 PARENT/ CARER is allowed to enter the school to pick up their child or children.

Vocabulary Lab

Inexorable- impossible to stop or prevent

Examples

1.) The **inexorable** spread of the coronavirus has led to another lockdown.

Can you use the word **inexorable** or **inexorably** in your own sentence?

Reading Corner- Something to listen or read this week

EYFS or KS1

<https://www.booktrust.org.uk/books-and-reading/have-some-fun/storybooks-and-games/hairy-maclary/>

Story Link - We have been bombarded by news of the American election for the past few days. The following story is read by three children. It should help explain what it means to run for president, so you can understand a bit better, what you see and hear on the news.

<https://youtu.be/jYtFJfI9KMA>



[If I Ran For President read by Lonnie Chavis, Parker Bates and Mackenzie Hancsicsak](#)

If I Ran For President is written by Catherine Stier, illustrated by Lynne Avril Cravath and read by Lonnie Chavis, Parker Bates and Mackenzie Hancsicsak .

Get Caught Reading

Thank you for participating in our '**Get Caught Reading Challenge**' and encouraging your children to read more. The children who read the most books from each class were sent to the head teacher for a prize.

Please continue to make reading a top priority in our community.

Here is an image of a Northwold child getting caught reading:



Caught Being Kind

Help us to congratulate the children who were caught being kind this week.

Class	Name
Elm	Shayden
Cypress	Alexis
Walnut	Abu Bakr
Bangladesh	Abigail
Ghana	Kiannah
Poland	Humaira S
Barbados	Pandyar-Kurd
Spain	Abdul Karim
Nigeria	Muhammad Taha
Brazil	Paris Rani
Jamaica	Esme
Russia	Lore
Turkey	Amelie
India	Fortune
China	Adam
Japan	Abdullah B

Free School Meals

Your child may be entitled to free school meals. To find out if you meet the eligibility criteria please use the following link:

<https://education.hackney.gov.uk/content/apply-free-school-meals>

Diary Dates

- **11th Nov** -Remembrance Day Assembly - Year 6 online presentation
- **13th Nov** - Diwali Classroom assembly
- **13th Nov**-Maths Coffee Morning 9.00-10.00am (parent session to see how we teach maths)
- **16th -20th Nov**- Anti-Bullying Week
- **20th Nov.** - Northwold Coffee Morning (9am-10am) – Online learning (Google classroom, Mathletics, Accelerated reader)

COVID-19 test sites in Hackney and how to access them

Tesco Hackney Superstore- Walk through
Morning Lane Kingsland E9 6ND
8am - 8pm seven days a week

Bentley Road - Walk through only
Bentley Road car park, Dalston, N1 4DB
8am - 8pm seven days a week

Hackney Central - Walk through only
340 Mare St, E8 1HA
8am - 8pm seven days a week

Anyone requiring a COVID-19 test **must book this in advance** either [online](#) or by calling 119.

For more information on coronavirus testing, please visit the NHS [website](#)

Lunch Menu

Week 3

Monday	Gnocchi with Tomato Sauce	Tuna Mayo Baguette	Cheese & Tomato Sandwich
Tuesday	Lamb Burger & Chips with Salad	Cheese & Salad Roll	Egg & Cress Sandwich
Wednesday	Vegetable Pasty	Chicken Mayo Sandwich	Cheese & Lettuce Sandwich
Thursday	Chicken Biryani & Yogurt Raita	Egg & Tomato Sandwich	Cheese Salad Sandwich
Friday	Fish Fingers & Chips	Cheese & Cucumber Baguette	Tuna Mayo Roll

Yogurt or Fruit and Water provided daily as part of the lunch.



alive n kicking

...for children aged 5 - 11 years, run by Nutritionists

- 1-1 and group support video call or telephone into your home
- Flexible timings to suit
- Weekly support on topics such as portion sizes, healthy snacks and keeping active
- Enjoyable cooking activities and recipe challenges
- Fun virtual exercise classes for the whole family

To get involved in this **free** programme

Tel: **07849 092185** Email: eh.ankhackney@nhs.net

www.everyonehealth.co.uk/hackney-council



Hackney

everyonehealth
because everyone matters

Get in touch

Tel: 020 8806 6352

| Fax: 020 8806 6315

| email: office@northwold.hackney.sch.uk



HM Government

**CORONAVIRUS****NATIONAL RESTRICTIONS**

5 November to 2 December

National restrictions apply to England:**Meeting Indoors**

You cannot meet anybody socially indoors unless they are in your household or support bubble.

Meeting Outdoors

You can meet with 1 person from another household in outdoor public spaces, following social distancing. Children under 5 and anyone dependent on continuous care do not count towards the 2 person limit.

Weddings and Funerals

Weddings and civil partnership ceremonies can only take place where one of those getting married is seriously ill and not expected to recover. Funerals can take place with up to 30 people in attendance.

Working from home

You must work from home if you can. If you cannot work from home you should continue to go to work (unless you are clinically extremely vulnerable).

Essential Shops

Open. Essential shops should follow COVID-secure guidelines.

Non-essential Retail

Closed. Can only open for click-and-collect and delivery services.

Exercise

You can exercise outside on your own or with your household; your support bubble; or one person from another household.

Leisure and Gyms

Closed. Except for allotments and outdoor playgrounds.

Hospitality

Closed except for takeaway, click-and-collect, drive through and delivery services. Takeaway not permitted after 22:00.

Education

Early years, schools and FE colleges open. Universities must reflect wider restrictions.

Healthcare Services

You can leave home for any medical reason.

Residential Care

Care homes are encouraged to provide safe, COVID-secure visiting opportunities. See the guidance for details on how to keep visits safe.

Travel

You must not travel in the UK or overseas other than for permitted reasons, including work, education, medical reasons, caring responsibilities or for essential retail.

Public Transport

You may still use public transport, but should only travel for permitted reasons and should look to reduce the number of journeys you make, avoid travelling at peak times, and walk or cycle where you can.

Overnight Stays

Overnight stays and holidays away from primary residences are not allowed, except for work and other exempt purposes.

Entertainment and tourism

Entertainment venues are closed. Public gardens at visitor attractions are open.

Vulnerable People

If you are 60+ or clinically vulnerable, be especially careful to follow the rules and minimise contacts with others. If you are clinically extremely vulnerable you are advised to stay at home as much as possible, except to go outdoors for exercise or to attend essential health appointments.

Worship

Closed. Except for: funerals, broadcasting acts of worship, and individual prayer.

Childcare

Registered childcare and childcare activities open to enable parents to work, or for respite care. Parents can form a childcare bubble with another household for informal childcare, where the child is 13 or under.

Youth Clubs and Activities

Some youth services are able to continue, such as 1-1 youth work and support groups, but most youth clubs and groups will need to cease for this period.

For more information and detailed guidance visit:
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)



HANDS



FACE



SPACE