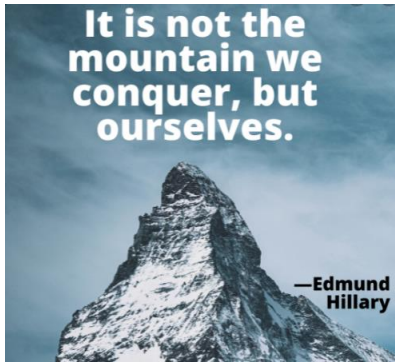


News and events from Northwold Primary School



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Week Beginning: 10.05.2021

Day	Event
Monday	
Tuesday	
Wednesday	Eid Celebrations (possible date) or
Thursday	<i>Eid Celebrations</i> (possible date)
Friday	

Dear Parents/Carers,

I hope that you enjoyed the Bank Holiday and you were able to do something enjoyable with your family.

It is important that we continue to operate within the current government requirements for COVID-19. Thank you to all the parents who continue to wear a mask when entering the school site and maintaining social distancing when queuing to collect your child/ren at the end of the school day.

It is also important that you continue to follow the guidance should your child develop any of the symptoms of COVID-19. The current requirements are that any child displaying any of the symptoms should get a PCR test and isolate until the results are known. If the test result is negative, they should return to school. If you completed a lateral flow test, and the result is positive you must also complete the PCR test to further validate the results of the lateral flow test.

As we navigate through the changes and challenges that have affected us as a result of the pandemic, it is important that we focus on our wellbeing.

Psychologist Carol Dweck has identified two types of mindset: growth mindset and fixed mindset. Growth mindset is the belief that we can “grow” our abilities through hard work, a willingness to learn and being open to feedback. Fixed mindset is the belief that we see our qualities as fixed traits that cannot change. Research has shown that a growth mindset allows people to navigate stress more effectively and can lead to higher levels of wellbeing. To achieve growth mindset, we need to:

- Accept our imperfections.
- See challenges as opportunities for self-improvement.
- Replace the word “failing” with the word “learning”; when we make a mistake, we haven’t failed, we’ve learned.
- Value the effort we have put in, over the end result. Practise one of these ideas each week to help you achieve a growth mindset.

Thank you for your continued support. Have a restful weekend.

Yours truly,
S. Goulbourne

Lunch MenuWeek 2

Monday	Macaroni Cheese & Salad	Egg & Cress Sandwich	Cheese & Cucumber Sandwich
Tuesday	Chicken Hot Dog Rolls	Cheese & Salad Baguette	Tuna Cucumber Sandwich
Wednesday	Cheese Pizza & Wedges	Chicken Mayo Salad Sandwich	Egg Mayo & Salad Sandwich
Thursday	Cheese Flan & Salad	Jamaican Lamb Patty	Cheese & Salad Roll
Friday	Fish Fingers & Chips	Tuna & Sweetcorn Baguette	Cheese & Lettuce Sandwich

Yogurt or Fruit and Water provided daily as part of the lunch.

Nursery Spaces Available- Apply Now!

We still have spaces in Nursery for 2 and 3 year old children. Part time or full-time applications are welcomed. Please contact Mrs Bhagwandas for further information.

Reminders to parents

- Pupils who are sick and unwell should not come to school.
- Notify the school if your child is self-isolating or if they test positive for COVID-19.
- Lateral flow testing is available for all families. Please click on the link to get more information. (<https://hackney.gov.uk/coronavirus-support/#test>)
- Absence due to vaccination appointments will not affect your child's attendance and will be an authorised absence.

Lateral Flow Home Testing Kit for Families.

If you're a parent or adult in a household with children at school or college, or an adult in a childcare bubble, and don't have symptoms, you should be testing twice a week.

The tests are fast, easy and completely free. There are two different ways for a household, childcare or support bubble to collect their test to take at home, twice weekly:

Collection

You can collect a home test kit from a local testing station site in Hackney after 1.30pm (these sites are open in the morning for symptomatic testing until 12 noon)

Local testing sites:

- *Dalston, Bentley Road Car Park, N1 4BZ*
- *Hackney Central, Mare Street, E9 6ND*
- *Stamford Hill, Former Bus Garage, Rookwood Rd, London N16 6SD*

Ordering online

You can [order a home test kit](#) online.

Caught Being Kind

Please find below the names of the children in each year group who are recognised for their kindness this week.

Class	Name
Elm	Maliaka
Cypress	Vincent
Walnut	Katalaya
Bangladesh	Abigail
Ghana	Nyla
Poland	Matilda
Barbados	Leanne
Spain	Clover
Nigeria	Shaqarah
Brazil	Yusuf
Jamaica	Aaron
Russia	Tijan
Turkey	Navid
India	Phoebe
China	Amara
Japan	Sana

Vocab Lab

Peregrinate (verb) To travel or wander around from place to place.

Origin: Latin | per·e·gri·nate

Example

It was an exhausting **peregrinate** and the results from it were disappointing.

Can you use **peregrinate** in your own sentence?

Story -Something to listen to

Dog gone (Please ensure you have permission from a responsible adult to use the internet.)

<https://youtu.be/-uDq-jzIWDE>

Artist of the Week

Romero Britto

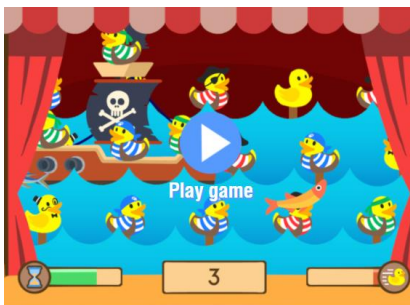


The objective is for children to find out more about the artist and create a piece of work similar to that of the artist. What material and techniques did the artist use? What subject matter did the artist depict? What was the artist's signature style?

Mr Williams Maths Challenge

Use your maths skills to earn time in the game and see how many ducks you can shoot.

<https://mathsframe.co.uk/en/resources/resource/588/Maths-Fairground-Shoot>



Northwold Primary Term Dates for 2021-2022

Autumn term	INSET day - Wednesday 1 st September INSET day - Thursday 2 nd September Children return – Friday 3 rd September INSET day – Friday 22 nd October Half Term – Monday 25 th October – Friday 29 th October Last day of term – Friday 17 th December School holidays - Monday 20 th December - Monday 3 rd January
Spring Term	INSET day – Tuesday 4 th January Children return - Wednesday 5 th January Half term – Monday 14 th February – Friday 18 th February Last day of term – Friday 1 st April School holidays – Monday 4 th April – Monday 18 th April
Summer Term	INSET day - Tuesday 19 th April Children return – Wednesday 20 th April Half term – Monday 30 th May – Friday 3 rd June Last day of term – Friday 22 nd July School holidays - Monday 25 th July – Wednesday 31 st August

BBC Ten Pieces Music Performance

On Tuesday 25th May, starting from 1:00pm, the school will be presenting a musical event called BBC Ten Pieces. The performance will be presented online where it can be viewed by parents. Please take note of the date and times when your class will be expected to perform.

Tuesday 25th May, 1:00 – 1:30

Y1 'Symphony No. 5' by Beethoven

Y2 'Russian Dance' from The Nutcracker by Tchaikovsky

Tuesday 25th May, 1:45 – 2:15

Y3 'A Short Ride in a Fast Machine' by John Adams

Y4 'Concerto for Turntables and Orchestra' by Gabriel Prokofiev

Tuesday 25th May, 2:30 – 3:00

Y5 'Tocatta and Fugue in D minor' by J.S. Bach

Y6 'Symphony' by Ravi Shankar

We hope that everyone will get involved and support this event to ensure its success. Please contact me for any additional information.

Kind Regards,
Mr Daley

COVID Updates

How you can help keep everyone at Northwold Safe?

- ✓ **Keep 2m apart when dropping off and collecting children.**
- ✓ **Only one adult should enter the site to collect their child or children**
- ✓ **Use the one way system in place in the school.**
- ✓ **Wear a mask while you are on site (if you are unable to because of medical reasons, please maintain 2m distancing when communicating with staff).**
- ✓ **Contact the school immediately if someone in your household becomes unwell with COVID symptoms.**

Book a rapid Covid-19 test

Appointments must be booked in advance.

1 in 3 people with Covid-19 can spread the virus without having symptoms. To protect the NHS and keep you, your family and community safe test regularly with rapid tests, a minimum of once a week and ideally once every 3 days.

If there are no appointments listed, all slots are fully booked. Check back the next day for new availability.

Tests are available at the following locations:

- *18 Edward's Lane, Stoke Newington, N16 0JJ*
- *Geffrye Estate Community Hall, Falkirk Street, N1 6SD*
- *Mare Street, Maurice Bishop House, 17 Reading Lane, London E8 1DS*
- *Homerton Library, Homerton High St, Homerton, London E9 6AS*

Testing Centres in Hackney

In Hackney there are a number of testing sites:

- *Dalston, Bentley Road Car Park, N1 4BZ (open 7 days a week 8am-8pm)*
- *Hackney Central, Mare Street, E9 6ND (open 7 days a week 8am-8pm)*
- *Homerton, Hackney Marshes Centre, E9 5PF (open 5 days a week Mon-Fri 9am-3.30pm)*
- *Stamford Hill, Rookwood Road test centre (former bus garage), London N16 6SD (open 7 days a week 8am-8pm)*
- *Stamford Hill, Yesodey Hatorah School, Egerton Road, N16 6UB*

There are also 2 testing centres nearby that residents can use:

- *Stamford Hill Primary Nursery Berkeley Rd, Haringey N15 6HD (7 days 8am-8pm)*
- *GuildHall Yard, City of London, EC2V 5AA (7 days 8am-8pm)*

Local government-run test centres are not able to accept walk-up tests without an appointment.

